

Marijuana Facts... The Real Ones....Short Version

- As per psychiatry, marijuana does not “cure” any mental illness
- Marijuana use masks symptoms and can cause rebound symptoms
- Chronic marijuana can lower IQ and actually worsen sleep depth
- Medical marijuana term tends to give a false sense of security. Although shown to help in some cases and certain quantities such as for use in certain cancer patients... it is not treatment for any psychiatric disease
- Loosely, its use need to be held to the standards of alcohol use. There are many variations of this and this statement should not be generalized.
- It can lead to more frequent use/ increased symptoms/ increased dependence. Physiologic dependence is vastly undermined.
- Increased risk of executive dysfunction, gi symptoms, panic and psychosis. Please refer to the NIDA website to see the “chilling” data on the way it can damage the brain.
- THC content is vastly different and variable from the marijuana of the “sixties” / the CBD component has gone down
- Synthetic versions are even far more dangerous and debilitating
- Marijuana is often laced with other substances.... Increases risk of debilitation further

These statements are not meant to make anyone feel ashamed or guilty But there are a lot of wrong information out there about Legal/Medical Marijuana and to educate on its use and applications... This is barely touching the surface of this topic and ALWAYS. ALWAYS... TALK TO YOUR DOCTOR... ALWAYS....